

Teamwork Makes the Dream Work!

What Is Teamwork?

Teamwork means working with others to reach a common goal. It's about supporting each other, communicating clearly, and solving problems together.

Why Teamwork Matters

- Gets the job done faster (and usually better!)
- Brings out everyone's strengths
- Teaches you to listen and be flexible
- Builds leadership and communication skills
- Prepares you for real-world work

Teamwork Best Practices

1. Listen First - Let others share ideas before jumping in.
2. Do Your Part - Be dependable and follow through.
3. Stay Positive - Focus on solutions, not blame.
4. Respect Differences - Everyone brings something unique.
5. Speak Up (Kindly) - Be honest and respectful.
6. Help Out - Offer support when someone's struggling.

Quick Check: Are You a Team Player?

Ask yourself:

- Do I follow through on my commitments?
- Do I make space for others to speak?
- Do I bring a positive attitude, even when it's tough?
- Do I support and encourage my teammates?

Teamwork Challenge

Think about a recent group project or team activity. What went well? What could've been better?

Write down 1 thing you did that helped the team and 1 thing you'd like to improve next time.

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Teamwork Quiz

1. What is teamwork mostly about?

- ☐ Doing your own work quietly
- ☐ Supporting and working with others toward a goal
- ☐ Letting the leader do everything
- ☐ Avoiding disagreements

2. Why is listening important in a team?

- ☐ It makes others feel ignored
- ☐ It helps you respond faster
- ☐ It shows respect and builds understanding
- ☐ It's not really important

3. Which of the following shows good teamwork?

- ☐ Blaming others for mistakes
- ☐ Offering to help a struggling teammate
- ☐ Letting others do the work
- ☐ Avoiding all communication

4. What should you do if you disagree with a teammate?

- ☐ Ignore them
- ☐ Tell everyone they're wrong
- ☐ Speak up kindly and respectfully
- ☐ Quit the team

5. What is one benefit of respecting differences in a team?

- ☐ It causes arguments
- ☐ It helps generate better ideas
- ☐ It slows down progress
- ☐ It keeps everyone the same